



## Domestic Violence Information & Resource Guide for Iredell County

*Provided by the Domestic Violence Task Force of Iredell in  
an effort to reduce domestic violence in our community.*

**24-Hour Crisis Lines: (Local) 704-872-3403  
(National) 800-799-SAFE \* (Español) 704-880-1042**

This project was supported by Award #PROJ008989  
awarded by the Violence Against Women Act,  
US Department of Justice, through the NC Department of  
Public Safety / Governor's Crime Commission

### ***If you consider leaving your abuser, think about...***

- Four places you could go if you leave your home.
- People who might help you if you left. Think about people who will keep a bag for you. Think about people who might lend you money. Make plans for your pets.
- Keeping change for phone calls or getting a cell phone.
- Opening a bank account or getting a credit card in your name.
- How you might leave. Try doing things that get you out of the house - taking out the trash, walking the family pet, or going to the store. Practice how you would leave.
- How you could take your children with you safely. There are times when taking your children with you may put all of your lives in danger. You need to protect yourself to be able to protect your children.
- Putting together a bag of things you use everyday. Hide it where it is easy for you to get.
- Think about reviewing your safety plan often.

### ***If you have left your abuser, think about:***

- First and foremost - your safety and the safety of your children.
- Getting a cell phone. You may need to call 911.
- Getting a protective order from the court. Keep a copy with you all the time. Give a copy to the police, people who take care of your children, their schools and your boss.
- Changing the locks. Consider putting in stronger doors, smoke and carbon monoxide detectors, a security system and outside lights.
- Telling friends and neighbors that your abuser no longer lives with you. Ask them to call the police if they see your abuser near your home or children.
- Telling people who take care of your children the names of people who are allowed to pick them up. If you have a protective order protecting your children, give their teachers and babysitters a copy of it.
- Telling someone at work about what has happened. Ask that person to screen your calls. If you have a protective order that includes where you work, consider giving your boss a copy of it and a picture of the abuser. Think about & practice a safety plan for your workplace. This should include going to and from work.
- Not using the same stores or businesses that you did when you were with your abuser.
- Someone that you can call if you feel down.
- Safe way to speak with your abuser if you must.
- Going over your safety plan often.

**WARNING: Abusers try to control their victim's lives. When abusers feel a loss of control - like when victims try to leave them - the abuse often gets worse. Take special care when you leave. Keep being careful even after you have left.**

*This personalized safety planning was adapted from domesticviolence.org.  
Original plan devised by Metro Nashville Police Department.*

**24-Hour Crisis Lines: (local) 704-872-3403 \* (National) 800-799-SAFE \* (Español) 704-880-1042**

Police Department: \_\_\_\_\_ Number: \_\_\_\_\_

Responding Officer: \_\_\_\_\_

Report Number: \_\_\_\_\_

Criminal Court Date: \_\_\_\_\_

DA Victim Witness Coordinator Name:

\_\_\_\_\_

Phone #: \_\_\_\_\_

Civil/DVPO Court Date: \_\_\_\_\_

Victim Advocate/Companion Name:

\_\_\_\_\_

Phone #: \_\_\_\_\_

Lawyer: \_\_\_\_\_

Phone # \_\_\_\_\_

DSS Social Worker: \_\_\_\_\_

Phone #: \_\_\_\_\_

**OTHER:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## ***If you are in immediate danger, call 911***

My Sister's House addresses the issue of domestic violence and sexual assault at many levels including:

- Safe shelter
- Victim advocacy
- Group and individual counseling for victims and children
- 24-hour crisis line **(704-872-3403)**
- Community education

For more information, call **704-878-0387**

or visit our website at

**fifthstreetministries.com** and click on  
*My Sister's House/Resources and Education*  
on the left side of the page.

**24-hour crisis line**

**704-872-3403**



# WHAT IS DOMESTIC VIOLENCE?

Domestic violence, battering, or family abuse—all ways to describe a pattern of abusive behavior that some individuals use to control their intimate partners. Any type of violence, abuse, or threat that one partner in a relationship commits against another. It includes, but is not limited to physical, sexual, emotional, verbal and psychological attacks. It's a problem that has been happening for years and every year in the United States affects millions of people—most often women.

Domestic violence involves different types of behaviors. Examples include: punches, kicks, slaps, shoves, hits, using degrading remarks, forcing partner to perform degrading tasks, sexual assault, rape, and other tactics used to establish power and control over a partner.

Has your partner ever:

- Hit, kick, shove or injure you in any way?*
- Force or coerce you to engage in unwanted sexual acts?*
- Control what you do and what you see in a way that interferes with your work, education or other activities?*
- Steal or destroy your belongings?*
- Criticize you or put you down or call you names?*
- Make you feel afraid or uneasy?*
- Threaten to hurt you or others close to you?*
- Deny your basic needs such as food, housing, clothing, or medical and physical assistance?*

**If you answered yes to any of these questions, you may want to consider your safety.**

## Personalized Safety Plan

**Your safety is the most important thing. Listed below are tips to help keep you safe. If you are in an abusive relationship, think about...**

- Having important phone numbers nearby for you and your children, such as the police, hotlines, friends and My Sister's House (704-872-3403.)
- Friends or neighbors you could tell about the abuse. Ask them to call the police if they hear angry or violent noises. If you have children, teach them how to dial 911. Make up a code word that you can use when you need help.
- How to get out of your home safely. Practice ways to get out.
- Safer places in your home where there are exits and no weapons. If you feel abuse is going to happen try to get your abuser to one of these safer places.
- Any weapons in the house. Think about ways that you could get them out of the house.
- Even if you don't plan to leave, think of where you could go. Think of how you might leave. Try doing things that get you out of the house - take out the trash, walk the pet or go to the store. Put together a bag of things you use everyday (see pg. 3) Hide it where it is easy for you to get.
- Going over your safety plan often.

24-Hour Crisis Lines: (local) 704-872-3403 \* (National) 800-799-SAFE \* (Español) 704-880-1042



### POWER AND CONTROL WHEEL:

Battering is one form of domestic or intimate partner violence. It is characterized by the pattern of actions that an individual uses to intentionally control or dominate his intimate partner. That is why the words "power and control" are in the center of the wheel. A batterer systematically uses threats, intimidation, and coercion to instill fear in his partner. These behaviors are the spokes of the wheel. Physical and sexual violence holds it all together –this violence is the rim of the wheel.

### EFFECTS ON CHILDREN IN DOMESTIC VIOLENCE SITUATIONS

- ◆ Children who witness abuse are more likely to: commit suicide, abuse drugs and alcohol, have poor performance in school, commit sexual crimes and/or be physically or psychologically abused by the batterer
- ◆ A male child growing up in an abusive home is 1,000 times more likely to become an abuser than a male child that did not grow up in an abusive home.
- ◆ Girls who grow up seeing their mother being abused quite often become battered women themselves.
- ◆ Over three million children are at risk each year of exposure to parental violence.
- ◆ 40-60% of men who abuse women also abuse children
- ◆ In one study, 27% of domestic homicides were children.

24-Hour Crisis Lines: (local) 704-872-3403 \* (National) 800-799-SAFE \* (Español) 704-880-1042

## Qualifications for a DV Protective Order

1. You do not have to be a resident of Iredell County, North Carolina.
2. Must have the address of the person from whom you are seeking protection.
3. Have one of the following relationships with the defendant: Married or divorced; persons of the opposite sex who are not married but live together or have lived together in the past; have a child in common, parent and child or grandparent and grandchild (must be at least 16 years old); current or former household members; persons of the opposite sex who are in or have been in a dating relationship.
4. The person from whom you are seeking protection must have committed one of the following acts to you or minor children) living in your custody. It is your responsibility to prove that the act occurred: Caused or attempted to cause bodily injury; placed you or a member of your household in fear of immediate physical danger; continued to harass you to the point that you are suffering from emotional distress; committed one or more sexual offenses against you.

## Steps for Obtaining a Protective Order

1. Get the necessary paperwork from the Clerk of Court's office (Civil Division) or My Sister's House.
2. Fill out the "Complaint" form and other required forms. Describe the situation, using specific dates and times as well as specific details regarding act of violence or threatened violence. Be sure to indicate requests for custody, eviction, no contact, vehicle possession, possession of personal property, financial and/or child support and the surrender of firearms.
3. File forms in the Clerk's office. They will direct you as to your next steps which will include having a judge review your paperwork and possibly interview you. The defendant will not be present.
4. Once the order is signed, you will be given a court date that is within 10 days of your original order. You will need to report to Courtroom #3 in the Iredell County Hall of Justice. If the defendant has not been served, the case may be continued until service has been made. You still must appear in court. You should request that the order remain in effect until the next court date. Once the hearing is held, if the order is granted, the protection will last for one year, covering only the conditions awarded by the judge.
5. Keep your protective order with you at all times.

## If the Order is Violated

1. Violation of a Protective Order is a crime. If the defendant has assaulted, threatened, abused, followed, or harassed you in any way that puts you in danger, call **911 immediately**. Tell them you have a protective order. If you do not feel that you are in immediate danger, call law enforcement. Once you call the police, if defendant is not arrested you may go to the Magistrate's Office and see about filing criminal charges.
2. If the defendant has violated the order by not paying child support, spousal support or returning personal property, you may file a Contempt of Court Motion in the Clerk of Court's office.

24-Hour Crisis Lines: (local) 704-872-3403 \* (National) 800-799-SAFE \* (Español) 704-880-1042

## If you are filing for a Domestic Violence Order:

Requests for 50b/Ex Parte Orders can be petitioned for M-F, 8:30 a.m. - 4:30 p.m. To start the process for an Ex Parte/Temporary order, go to the Civil Clerk's office in the Iredell County Courthouse located at 221 E. Water St., Statesville, NC. Judges will see plaintiffs/victims (party requesting the DVO) and review plaintiffs each day at 11 a.m. or 2 p.m.

**Ex Parte Hearing:** (Ex Parte means "one side only," and this is the initial order you will receive if granted by the judge.) Read your order carefully before you leave the courtroom. If there is a mistake, tell the clerk who will tell the judge. Upon entry of an Ex Parte order there will be a hearing within 10 days. To keep the protective order you must go to that hearing. The defendant will be notified of the hearing and will have the opportunity to tell his/her side of the situation.

## **Keep a copy of your order with you at all times.**

The defendant in your restraining order will be served with the order by the sheriff's department. Call to find out if the defendant has been served, or if you have information to make service possible.

Daytime

704-878-3180

Contact the Civil Clerk's Office—ask for the Domestic Violence Clerk.

To check on dates and scheduling, call

704-832-6743

## **Extension of an Order**

With certain circumstances you may request that your order be renewed for up to two years. Request for extension must be done **prior** to the expiration of your current order. Contact the MSH Victim Advocate at 704-872-3403 or the DV clerk 704-832-6743 for assistance with getting an extension.

## ***When you leave, take the following:***

- |   |   |
|---|---|
| <input type="checkbox"/> Children (if it is safe)                   | <input type="checkbox"/> Welfare identification                           |
| <input type="checkbox"/> Money                                      | <input type="checkbox"/> Passports, green cards, work permits             |
| <input type="checkbox"/> Keys to car, house, work                   | <input type="checkbox"/> Lease/rental agreement                           |
| <input type="checkbox"/> Extra clothes                              | <input type="checkbox"/> Mortgage payment book, unpaid bills              |
| <input type="checkbox"/> Medicine                                   | <input type="checkbox"/> Insurance papers                                 |
| <input type="checkbox"/> Important papers for you and your children | <input type="checkbox"/> Protective order, divorce papers, custody orders |
| <input type="checkbox"/> Birth certificates                         | <input type="checkbox"/> Address book                                     |
| <input type="checkbox"/> Social security cards                      | <input type="checkbox"/> Pictures, jewelry, things that mean a lot to you |
| <input type="checkbox"/> School and medical records                 | <input type="checkbox"/> Items for your children (toys, blankets, etc.)   |
| <input type="checkbox"/> Bankbooks, credit cards                    |   |
| <input type="checkbox"/> Driver's license                           |   |
| <input type="checkbox"/> Car registration                           |   |

24-Hour Crisis Lines: (local) 704-872-3403 \* (National) 800-799-SAFE \* (Español) 704-880-1042

# RESOURCE GUIDE

## domesticviolenceiredell.com

### COUNSELING FOR ADULTS

**Alcoholics Anonymous** *Call for meeting time and locations* 704-878-6404  
**Al-Anon** *Wednesdays at 8 p.m., Williamson's Chapel* 704-664-3680  
**Counseling Center at Barium Springs** *Adults, Children & Families* 704-872-7638  
*www.bariumsprings.org*  
*Located on main campus of Barium Springs Home for Children*

**Counseling Center of South Iredell** 704-664-4357  
*www.bariumsprings.org located in Mooresville*

**Don-Lin Counseling** *outpatient mental health services for all ages* 704-872-4449  
*donlincounseling@bellsouth.net*

**Daymark Recovery Services** 704-873-1114  
*www.daymarkrecovery.com*  
*Outpatient Services for Mental Health, Substance Abuse, Developmental Disabilities.*

**Mental Health ACCESS** 888-235-4673  
*www.partnersbhm.org*  
*24/7 Crisis line; Mobile Crisis Support in Home*

**Narcotics Anonymous** *Call for meeting times & locations* 704-947-6890  
**Safe Alliance** *Mecklenburg County location* 704-665-8745  
*www.safealliance.org Confidential Counseling for Individuals, victims of rape, child abuse, support groups*

### FOR ABUSERS

**Stay KALM** 800-231-7371  
*Don-Lin Counseling Accredited Batterers Intervention Program*  
*donlincounseling@bellsouth.net*

**Family Service Inc.** *Full Circle Batterers Intervention Program* 704-864-7704  
*www.fsitricounty.org*

### SERVICES FOR YOUR CHILDREN

**Boys and Girls Club of the Piedmont** *After School Care* 704-397-2428  
*www.piedmontbgc.org*

**Child Support Enforcement** *Clerk of Courts* 704-832-6706

**DOVE House** *Advocacy Center for Child Victims of Sexual Abuse* 704-883-9814  
*www.dovehouse.us*

**Iredell County Dept. of Social Services** 704-873-5631  
*www.co.iredell.nc.us/departments/DSS*

**Iredell County Partnership for Young Children** 704-878-9980  
**Don-Lin Counseling** 704-872-4449

*donlincounseling@bellsouth.net*

**Guardian Ad Litem Services** 704-832-6621  
*www.nccourts.org/citizens/GAL*

**Head Start** 704-873-2858

**My Sister's House** *www.fifthstreetministries.com* 704-872-3403  
*Shelter, Children's Groups, Individual Counseling*

**SCAN/Stop Child Abuse Now** 704-878-2227

### CRIMINAL JUSTICE REFERRALS

**Appropriate Placement Options (APO)** 704-873-2177  
*Substance Abuse & Cognitive Behavioral Intervention for Probationers/ Adolescent SA & Teen Court*

**Civil Clerks Office, Domestic Violence Clerk** 704-832-6743

**Criminal Clerks Office** 704-832-6602

**District Attorneys Office** 704-832-6610

**Iredell County Detention Center** 704-878-3131

**Legal Aid of NC** *www.legalaidnc.org* 800-660-6663  
*Low-income Legal Assistance/representation, Holds Divorce Clinic and Custody Clinics Each Month. Call for details and to register.*

**NC Lawyer Referral Service** 800-662-7660  
*Services provided in Spanish & English*

**Magistrate** 704-832-6619

### Police Non-Emergency

**Mooresville PD** 704-664-3311

**Troutman PD** 704-528-7610

**Statesville PD** 704-878-3406

**Statesville PD** *Contact Domestic Violence Specialist* 704-832-3855

**Emergency Communication (ECOM)** 704-878-3100

**Sheriff** 704-878-3180

**Sheriff's Department** *Contact Domestic Violence Detective* 704-928-4677

**Probation Community Corrections** 704-878-4226

**SAVAN** *Statewide Automated Victim Assistance & Notification* 877-627-2826  
*www.ncsavan.org*

**JOB/TRAINING PROGRAMS/EDUCATION**

<b>Easter Seals/UCP NC</b>		704-871-0934
<i>Disabilities, Mental Health, Employment, Foster Care</i>		
<i>www.nc.eastersealsucp.com</i>		
<b>Employment Security Commission</b>		704-878-4241
<b>Goodwill Industries of N.W. NC</b>		704-871-2629
<i>www.goodwillnwno.org</i>		
<b>Joblink</b>	Statesville	704-878-4241
	Mooresville	704-664-4225
<b>Salvation Army</b>	Statesville	704-872-5623
<i>salvationarmycarolinas.org</i>	Mooresville	704-660-3066
<b>Vocational Rehabilitation</b>		704-878-4230

**OTHER REFERALS**

<b>DSS</b>	<i>Child Abuse, Dept of Youth &amp; Family Services</i>	704-873-5631
	<i>Food Stamps, Medicaid &amp; Work First</i>	704-878-5375
<b>Fifth Street Ministries</b>	<i>homeless shelter</i>	704-872-4045
	<i>www.fifthstreetministries.com</i>	
<b>HealthReach Clinic</b>	<i>Southern Iredell</i>	704-663-1992
	<i>healthreach@healthreachclinic.org</i>	
<b>Iredell Christian Ministries</b>	<i>www.iredellcm.org</i>	704-924-6700
<b>Iredell County Health Department</b>		704-878-5300
<b>Mi Familia Institute</b>		704-980-7003
	<i>Bilingual Family Support Services, GED, ESI classes, Family Support</i>	
	<i>Spanish speaking DV Hotline</i>	704-880-1042
<b>Mooresville Christian Mission</b>		704-664-2357
	<i>www.mooresvillechristianmission.org</i>	
<b>North Carolina Coalition Against Domestic Violence</b>		888-232-9124
	<i>www.nccadv.org</i>	
<b>North Carolina Mentor</b>	<i>www.nc-mentornetwork.com</i>	704-375-6310
<b>Open Door Dentistry</b>		704-838-1234
<b>Piedmont Mediation</b>	<i>assisting in resolutions of disputes</i>	704-873-7624
	<i>www.piedmontmediation.com</i>	
<b>Pregnancy Resource Center of Statesville</b>	<i>prcstatesville.org</i>	704-871-0338
<b>South Yadkin Baptist Assoc.</b>	<i>www.sybaptist.org</i>	704-873-4372
<b>Statesville Family Medicine</b>		704-768-2080
<b>Statesville Housing Authority/Iredell</b>		
<b>Statesville Community Enrichment Corp. (ISCEC)</b>		704-761-4765
	<i>Affordable Housing—After School Programming Partner</i>	